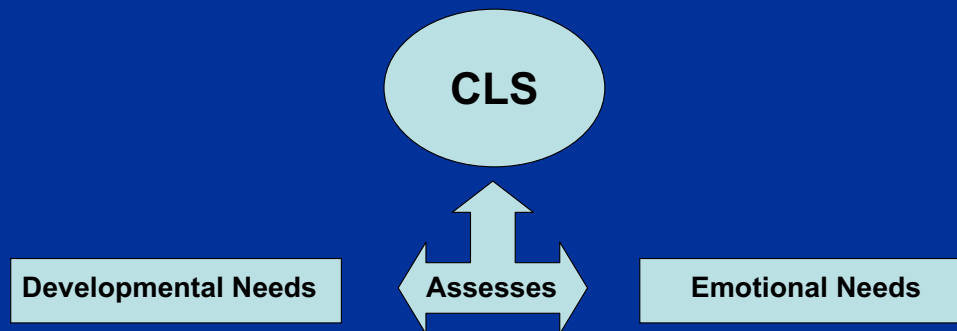




Hospitals Child Life Programmes

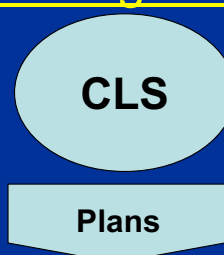
Child life program is organized by CLS at 6 hospitals in Kuwait



"CLS"= Child life specialist



Hospitals Child Life Programmes



- Interventions using play materials to meet their individual needs & alleviate anxiety
- Use play to prepare children & families for medical procedures
- Encourage parents to understand their child's illness & treatment
- Give emotional support to the child & family by allowing them to express their feelings in a safe and supportive environment

"CLS"= Child life specialist



Hospitals Child Life Programmes

Children in Hospital " FEAR ANXIETY € Unknown

CLS

Play

To prepare them for medical & surgical procedures

To teach them coping strategies to deal with pain



CLS preparing a child with Leukaemia for a procedure

Procedure " FEAR ANXIETY € Unknown

- Children stay 4-6 weeks on the ward
- Induction of Chemotherapy needs:
 1. Small operation to insert portocath.
 2. inserted in the chest wall.
 3. Makes administration of Chemotherapy easier.





“I will never forget when the Child Life Specialist was preparing me for the loss of my daughter’s hair after she had started her treatment for leukaemia, and how practical her suggestions were.

She told me that from her experience with lots of other girls, it would help to gradually cut her hair so my daughter would get used to it. Then she explained that her hair would grow back again when the treatment was finished. The time the Child Life Specialist spent explaining things with play really helped my daughter get through this period.”

Hanna’s mother, NBK Hospital



CLS preparing a child for an operation

Operation “**FEAR** **ANXIETY** € Unknown

- Through specialized medical play to familiarize the child with the operation.
- Gives the child & family the opportunity to express any anxiety.



E10

WORKSHOP X



CLS preparing a child for an MRI

MRI " FEAR ANXIETY € Unknown

- Noisy machine & clunking noise
- Claustrophobic environment
- Some children may need sedation & anesthesia



CLS preparing a child for an MRI

MRI " FEAR ANXIETY € Unknown

- Recording is made of noises from MRI
- Introduce the child to the noise around the tent
- Familiarization of noise of MRI removes fear of unknown
- The child practice lying in tent
- Guide the child through:
 - Simple visualization
 - Relaxation techniques
 - Similar to actual procedures



Such preparation reduces the need for sedation & anesthesia ~ 70 %



1. The Organisation
2. Historical Development of KACCH
3. Child Life Course at Kuwait University
4. Hospital Child Life Programmes
5. Conclusion – the future of Child Life in Kuwait

E10

WORKSHOP X



Conclusion – the future of Child Life in Kuwait

- 1) KACCH is committed to providing the professional support of qualified CLS to children and their families in all of Kuwait's hospitals by continuing to develop the Child Life course at Kuwait University.
- 2) To meet the very special needs of children with life-limiting and life-threatening conditions, and their families, by establishing a children's hospice in Kuwait.



Conclusion – the future of Child Life in Kuwait

- 3) To facilitate the establishment of a tertiary children's specialist hospital so that all children in Kuwait are treated by paediatric specialists in a hospital environment that is designed for children.
- 4) To reach out to other organizations in the region to ensure that all children and their families in health care settings receive the necessary psychosocial and emotional support to meet their special needs.



Conclusion – the future of Child Life in Kuwait

- 5) To work towards the establishment of a regional Child Life Council to facilitate the creation of Child Life programmes in the region and ensure the maintenance of international standards.



Example of Activities of CLS



E10

WORKSHOP X



Example of Activities of CLS



E10

WORKSHOP X



Example of Activities of CLS



Example of Activities of CLS





Example of Activities of CLS



Example of Activities of CLS





Example of Activities of CLS





BAYT ABDULLAH

A proposed Design for a Children's Hospice for Kuwait

Ms. Alia Al-Ghunaim
(Architect)

- Background
- Hospice philosophy
- Site and topography
- Hospice design

PROGRAMME “TOWNS AND DISTRICTS – FRIENDS OF CHILDREN” - MODEL OF HOLISTIC AND INTERDISCIPLINARY APPROACH TO CHILD’S HEALTH IN A COMMUNITY

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10 000 Zagreb, Croatia

Great challenge of every community is insuring the most optimal growth and development of the children. At the beginning of the third millennium we find ourselves involved in new children’s health issues. Child surrounding environment has strong influence on child’s health: ecology issues, inadequate life styles, lack of social adaptation, and new infective and non-infective diseases. We are talking about health issues, which paediatricians primarily oriented to curative medicine cannot successfully solve. It is necessary to develop new strategies of community health promotion based on holistic approach to a child (11). All social resources must participate in it.

The United Nations Convention on the Rights of the Child, adopted in 1989, the World Declaration on Children Survival, Protection and Development and the Plan of Action to Apply the World Declaration encourage international organizations, governments, non-governmental organizations and other groups in society, when developing their own programs to work towards the fulfillment of the aims of these international organizations (3, 5, 8). In the world, programmes for achieving a high quality of life for the city’s children have been undertaken (1, 2, 6, 7, 9, 10).

The position of children in the Republic of Croatia is particularly burdened by the postwar situation and social change in this period of transition, meaning that additional effort is needed on behalf of the youngest generation, as a prerequisite for the future of the community.

A model of holistic and interdisciplinary approach to children’s health in a community is designed in Croatia by programme “Towns and districts – friends of children”. Programme has taken place since 1999; its duration is not limited. Programme organizers are Croatian Union of Societies “Our Children” and Croatian Society for Social and Preventive Pediatrics. At the beginning, the programme was sponsored by UNICEF – Croatian Office and supported by the Nacional Institute for the Protection of Family, Motherhood and Youth. The goal of the programme is to motivate and stimulate adults in Croatian towns and districts to fully satisfy the rights and needs of children, as recognized in the UN Convention on the Rights of the Child. Special value of this comprehensive, professional and social action is that it is based on implementation of the UN Convention on the Rights of the Child on local level. Programme covers all important aspects of child’s life and is outlined with 10 criteria:

1. programme and plan of a town/district for the achievement of the rights and needs of children,
2. specified-purpose funds in the town/district for the development, protection and education of children,
3. support and help to the associations that have children's programmes and the inclusion of children in meaningful decisions that regard them,
4. the child in a secure and healthy town/district,
5. children's health,
6. education of children,
7. social welfare for children,
8. sports and culture for children,
9. children's leisure time and recreation,
10. support and help for parents in their care and education of children (11).

The application for participation in the action should be submitted by the town or district government, based on their decision, and sent in the form of a *statement on voluntary acceptance of the goal of this action and the achievements of its programme requirements and indicators* to the head office of the organizer. Programme is carried by coordinating committees, specially established at two levels, each with its tasks and responsibilities:

- at the level of the Republic of Croatia there is the Central Coordinating Committee (with its working title: action organizers),
- at the town/district level this is the Town/District Coordinating Committee.

The Central Coordinating Committee is the initiator and organizer of the action. It consists of members appointed by Croatian Union of Societies "Our Children", Croatian Society for Social and Preventive Pediatrics, and other organizations who have decided to support the action, as well as individuals, eminent professionals in fields relevant for children. Tasks and responsibilities of the Central Coordinating Committee of the action are:

- determine the goal and programme of the action and adjust it as required,
- announce the beginning and duration of the action,
- determine the principles and propositions of the implementation of the action in towns and districts,
- work out a questionnaire to determine the starting position of the participants in the action and other measuring instruments to determine the achieved results in the action,
- register applications from towns and districts concerning their inclusion in the action,
- stimulate the establishing of coordinating committees of the action in towns and districts and bring about the cooperation among them,
- establish the prize-awarding committee that would have a direct insight into the results achieved in towns and districts,
- pronounce towns/districts winners of the honorary title *Town/District – Friend of Children* and present them with the award,
- present the action and its results in the media.

The Town/District Coordinating Committees, constituted after joining the action, are immediate bodies that carry out action in their respective town or district. They are formed by representatives of all participants of the action in the town or district. The increase of the number of members is possible by subsequent joining up of new ones. The fundamental tasks of the Town/District Coordinating Committees include: propose the annual programme of the overall activities of all participants in the action, draft the operational plan for each current year, monitor the carrying out of the plan, analyse

the situation and problems in the realization of the action, undertake necessary measures for the successful carrying out of the action, record the phases in achieving results, cooperate with the Central Coordinating Committee of the action and report on their situation, progress and results, submit proposals of general and common interest to the Central Coordinating Committee with the goal of improving the quality and efficacy of the action, and promote the action and its results in the local media and in other efficient ways.

Immediately after the decision on participation in the action is reached, and after the statement on action participation is sent to the Central Coordinating Committee (the organizer), the town or district government organizes the preparation, drafting and acceptance of the operational action plan, what is the constituent part of the programme for the achievement of the rights and needs of children in the town/district. The operating plan consists of the following:

- the list of tasks and procedures that will be undertaken to achieve the tasks and indicators stated in the action programme,
- the list of holders/performers of the tasks and procedures from the plan (what has to be done by the bodies, services, institutions, associations and other participants in the town/district respectively),
- time limits that the respective holders/performers must keep up to complete the tasks and procedures.

At present 54 Croatian towns and districts participate in the programme "Towns and districts – friends of children".

LIST OF CROATIAN TOWNS AND DISTRICTS – ACTUAL PARTICIPANTS IN PROGRAMME		
"TOWNS AND DISTRICTS – FRIENDS OF CHILDREN"		
1. BAKAR	19. KRIŽ	37. RIJEKA
2. BELIŠ E	20. KUMROVEC	38. ROVINJ
3. BROD MORAVICE	21. KUTINA	39. SKRAD
4. CRIKVENICA	22. KUTJEVO	40. SLAVONSKI BROD
5. AKOVEC	23. LOVRAN	41. SPLIT
6. DELNICE	24. MAR ANA	42. SVETVIN ENAT
7. DUBROVNIK	25. MU	43. ŠENKOVEC
8. DUGA RESA	26. NAŠICE	44. ŠIBENIK
9. DUGO SELO	27. NOVA GRADIŠKA	45. TRNOVEC BARTOLOVE KI
10. GOSPI	28. OGULIN	46. UMAG
11. HRVATSKA KOSTAJNICA	29. OPATIJA	47. VALPOVO
12. HVAR	30. OSIJEK	48. VARAŽDIN
13. ILOK	31. PI AN	49. VARAŽDINSKE TOPLICE
14. KARLOVAC	32. PODSTRANA	50. VELIKA GORICA
15. KNIN	33. POŽEGA	51. VRBOVSKO
16. KONJŠ INA	34. PULA	52. VUKOVAR
17. KONAVLE	35. PUŠ A	53. ZABOK
18. KOSTRENA	36. RAKOVEC	54. ZAGREB

Recording of attained results of each town and district in this action is realized in steps, through three types of documents:

1. *introductory questionnaire for self-evaluation;*

- the questionnaire is sent to the participant by the organizer, after the submission of the application by the town/district to participate in the action,
- the authorized representative of the town/district enters the data about the current situation at the beginning of the action into the starting questionnaire,
- after the entering of the data, the questionnaire is sent back to the organizer.

2. *additional annual report;*

- the annual report, i. e. reports on several years are sent in by the town/district as long as is necessary for the town/district programme and plan for children to be realized,
- the reports should contain descriptions of activities that the town/district has undertaken for the benefit of children, i. e. the representation of new annual attainments compared to the data listed in the introductory questionnaire on the starting situation.

3. *final questionnaire for self-evaluation and final report;*

- towns/districts enter their finally attained results into the final documents and sent them to the organizer, when they decide that at least 80% of the requirements listed in each programme field have been attained.

The final evaluation of indicators of towns/districts' attained results, based on qualitative and quantitative parameters is carried by the action Central Coordinating Committee through its accredited professional prize-awarding committee. After the organizer of the action has registered the final questionnaires and reports with evidence of attained results, the exact date of the prize-awarding committee's arrival will be set by mutual agreement, so, that they will be able to evaluate, i. e. get a direct insight into the attained results. After that the prize-awarding committee will establish the current state and define the final result of the town/district in this action, they will propose to the organizer of the action to pronounce the attained achievement for the children and award the town/district with the honorary title "Town or district – friend of children". The title will be specially designed as a tablet that will be put up at all the entrance points of the town/district (dimensions 200 x 150 cm), and the main square, as well as a diploma that will be hung in a visible place on the premises of the town/district government. After the honorary title has been received for the achieved exemplary welfare care in all areas of the children's life, every town/district should continue with the activities for children at the same level of quality and the same scope, because their progress in their care for children will continue to be assessed in two or mostly four years after first having been awarded the prize. For those towns/districts where it has been proved that the level of programme requirements is attained no more, the honorary title will be suspend temporarily, until they again achieve the necessary level. The town/district that has in the meantime made progress in the achievement of rights and needs of children, will have their honorary title verified.

More specific information about the programme "Towns and districts – friends of children" can be find on web address: www.savez-dnd.hr.

This programme has been presented on *Twenty-seventh special session of United Nations General Assembly (World summit about children)*, in New York, May 2002.

Proceeding from the UN Convention on the Rights of the Child that obliges all adults to do whatever is in their power to give each child a chance for a full and harmonious development and help prepare it for life and useful activity, offering a contribution to a better attainment of the National

Programme of Activities for the Children in the Republic of Croatia, this programme's realization guarantees holistic approach to child's health in a community.

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***PROGRAMME "TOWNS AND DISTRICTS –
FRIENDS OF CHILDREN" -
MODEL OF HOLISTIC AND
INTERDISCIPLINARY APPROACH TO CHILD'S
HEALTH IN A COMMUNITY***



*Josip Grguri , Maja Batinica, Sanja Škori ,
Teodora Wickerhauser Majer, Giovana Armano*



PROGRAMME ORGANIZERS

 **Croatian Union of Societies "Our Children"**

 **Croatian Society for Social and Preventive
Pediatrics**

***SPONSOR at the beginning: UNICEF – Croatian
Office***

***SUPPORT: Nacional Institute for the Protection of
Family, Motherhood and Youth***



THE GOAL OF THE PROGRAMME:

Motivate and stimulate *adults* in towns and districts of the Republic of Croatia to fully satisfy the rights and needs of *children*, as recognized in the *UN Convention on the Rights of the Child*.



Special value of the action:

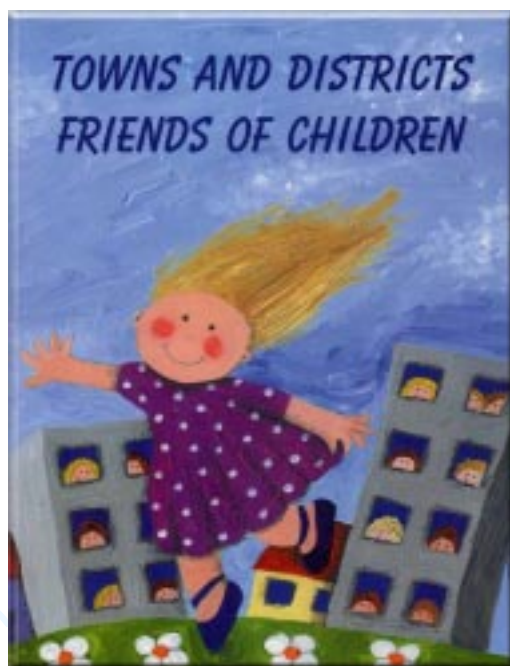
This comprehensive, professional and social years-long action is based on implementation of the UN Convention on the Rights of the Child on local level.



BEGINNING AND DURATION OF THE ACTION

November 20th, 1999.

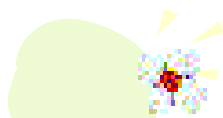
The duration of the action is not limited.



BASIC MANUAL OF THE PROGRAMME

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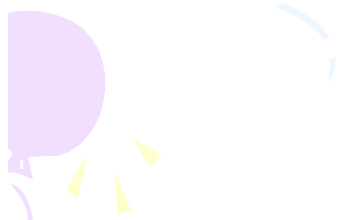
WORKSHOP X



THE PROGRAMME FIELDS

- 1. Programme and plan of a town/district for the achievement of the rights and needs of children**
- 2. Specified-purpose funds in the town/district for the development, protection and education of children**
- 3. Support and help to the associations that have children's programmes and the inclusion of children in meaningful decisions that regard them**

1/3



THE PROGRAMME FIELDS

- 4. The child in a secure and healthy town/district**
- 5. Children's health**
- 6. Education of children**
- 7. Social welfare for children**

2/3

